

# OSTEOARTHRITIS

## Resources and Suggested Readings



### CLINICAL GUIDELINES

Bannuru RR, Osani MC, Vaysbrot EE, et al. OARSI guidelines for the non-surgical management of knee, hip, and polyarticular osteoarthritis. *Osteoarthritis Cartilage*. 2019;27(11):1578-1589. doi:10.1016/j.joca.2019.06.011

Kloppenburg M, Kroon FP, Blanco FJ, et al. 2018 update of the EULAR recommendations for the management of hand osteoarthritis. *Ann Rheum Dis*. 2019;78(1):16-24. doi:10.1136/annrheumdis-2018-213826

Kolasinski SL, Neogi T, Hochberg MC, et al. 2019 American College of Rheumatology/Arthritis Foundation Guideline for the Management of Osteoarthritis of the Hand, Hip, and Knee. *Arthritis Care Res (Hoboken)*. 2020;72(2):149-162. doi:10.1002/acr.24131

Sellam J, Courties A, Eymard F, et al. Recommendations of the French Society of Rheumatology on pharmacological treatment of knee osteoarthritis *Joint Bone Spine*. 2020;S1297-319X(20)30157-3. doi:10.1016/j.jbspin.2020.09.004

### SUGGESTED READINGS

Kingsbury SR, Gross HJ, Isherwood G, Conaghan PG. Osteoarthritis in Europe: impact on health status, work productivity and use of pharmacotherapies in five European countries. *Rheumatology (Oxford)*. 2014;53(5):937-947. doi:10.1093/rheumatology/ket463

Kloppenburg M, Berenbaum F. Osteoarthritis year in review 2019: epidemiology and therapy. *Osteoarthritis Cartilage*. 2020;28(3):242-248. doi:10.1016/j.joca.2020.01.002

Lories RJ, Monteagudo S. Review article: Is Wnt signaling an attractive target for the treatment of osteoarthritis? *Rheumatol Ther*. 2020;7(2):259-270. doi:10.1007/s40744-020-00205-8

Schmelz M, Mantyh P, Malfait AM, et al. Nerve growth factor antibody for the treatment of osteoarthritis pain and chronic low-back pain: mechanism of action in the context of efficacy and safety. *Pain*. 2019;160(10):2210-2220. doi:10.1097/j.pain.0000000000001625

van den Bosch MHJ. Inflammation in osteoarthritis: is it time to dampen the alarm(in) in this debilitating disease? *Clin Exp Immunol*. 2019;195(2):153-166. doi:10.1111/cei.13237

### SOCIETIES AND ADVOCACY ORGANIZATIONS

American College of Rheumatology [www.rheumatology.org](http://www.rheumatology.org)

American Pain Society [www.painmed.org](http://www.painmed.org)

Arthritis Alliance of Canada <http://arthritisalliance.ca/en>

European League Against Rheumatism [www.eular.org](http://www.eular.org)

OAFI Osteoarthritis Foundation International <https://www.oafifoundation.com/en>